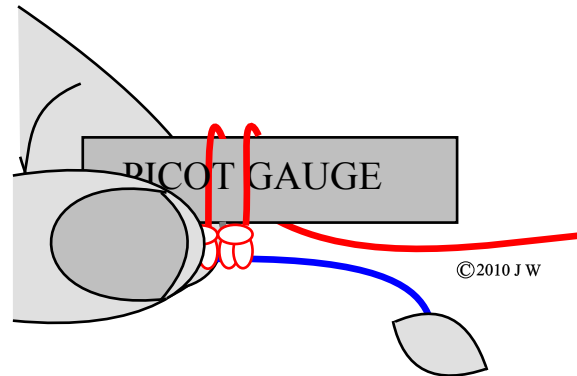
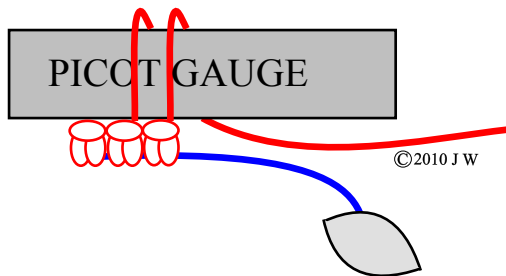


## How to use a Picot Gauge

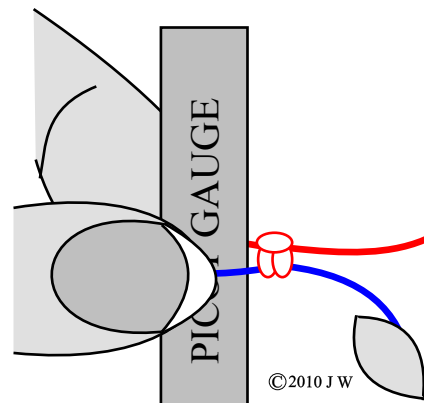
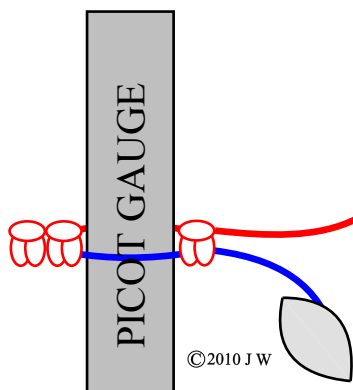
There are different types of picot gauges available to purchase or you can make your own from card or plastic. Lollipop sticks, coffee stirrers, opened paper clips and cocktail sticks are also suitable for use picot gauges.

A picot gauge can be used in two ways:

a) parallel to the core (shuttle) thread



b) at right angles to the core thread



NB. Using method b) will give you a picot that is half the size of one using method a)